

WELCOME!

Welcome to Par Bay Big Local's Autumn Newsletter - keeping you up to date with projects funded or supported by Par Bay Big Local and Par Bay Community Trust

Make Lunch



The Make Lunch team composed of volunteers from local Churches Together, residents, who volunteered time and home grown vegetables, Craft and adventure providers have made it an adventurous holiday for some of our local children. Our thanks to Ocean Housing and St Blaise church for providing venues.



Sew with Indigo Blue with Andrea Millington

We are very grateful to those who gave up their time to help with this great initiative. It was a pilot project to discover the challenges. A special thank you to Liz for organising the programme.



Toasting marshmallows in the Bunny Field during Forest School with Penny Hermes

Pump Track

Great to see the Pump Track finally up and running. It has been worth the wait for this project agreed funding in 2014, awarded in 2017, by Par Bay Big Local. Well done Gill and Par Track for following it through. I wish I was a teenager again to have a go



Ready to roll

Community Garden

‘What a lovely place.’ ‘Beautiful garden.’ ‘Great spot for a picnic.’ just a few of the appreciative comments made by visitors to the Community Garden. We were also very pleased that the garden was named joint winner of the Best Garden on Par Carnival route.

The bee garden and butterfly garden are in full bloom, and the bright red and orange poppies have been much admired.



**Fruit and vegetables used for cooking the
“Make Lunch” meals**

Vegetables are doing well this year – the green beans have grown well, and are ready for picking, and after a slow start and needing plenty of watering in the dry spell, the sweet corn have shot up, and the cobs have started to swell. It will be interesting to see what harvest we can get from our quite light sandy soil. The experiment with kohlrabi was quite successful. Although some succumbed to slugs, others did grow to a reasonable size and were quite tasty.

Thank you to everyone for your kind donations. If you have any comments or suggestions, please leave a message in the

donations slot in the large shed, on the Par Bay Projects Facebook page or speak to a member of the Gardening Club on a Sunday morning.

Do you want to help to maintain the garden but can’t commit to a regular session? Get in touch and we will let you know when we are planning a “Blitz Day”. With a work party it will be done in no time.

Surplus Food

Remake: Cornwall
repurpose • reuse • repair

A new venture initiated by Remake Cornwall a collaboration of Prosperity Hub and Made by the S collecting surplus food from St Blazey and Par Co-op to save still edible food from land-fill



Day 1 a full fridge. Empty in 1 hr

The food is available daily in Cornubia 10am-1pm. We have run out of food by 11am most days. Hopefully this project will grow in the future to include further supermarkets and host cooking sessions.

Creative Civic Change



Par Bay (St Blazey, Par and Tywardreath) has made a start on the 3 year journey using creativity to generate a meaningful and civic change in their area. During consultations four areas of focus were established PEOPLE PLACES FOOD CULTURE and residents and artists are invited to come up with proposals.



The project aims to encourage each area to use the funding to promote a number of social, economical and environmental changes that matter to them locally and encourage long term sustainability and creative change.

The project entitled 'Par Bay Dream Big', is aiming to "develop a Creative Hub which will provide a workshop and gallery space, making community arts accessible to the whole community. Community Live Events such as scavenger hunts, history points, QR

coding and Par Bay stories. Delivering heritage trails including lantern workshops, social gathering and Festival of Light and Projection."

The initiative is a shared desire to create a deeper knowledge and understanding of what community-led cultural activity looks like in action. Communities already using the arts and creativity to address social need in their local area were selected to take part in the programme."

Sarah Benioff, director of England at The National Lottery Community Fund, said: "People are at the heart of what we do and we believe it is important for them to get involved, have their say and make the changes they want to see.

"It's thanks to National Lottery players and this partnership, the Creative Civic Change programme is building stronger networks within communities, whilst bringing them together to tackle issues that are not only affecting them individually, but collectively as a whole."

More information about the programme is [available here](#).

3 community working groups have been formed: Community Hubs working on using community spaces, Heritage and Culture working on heritage trails and our clay heritage and Community Live Events. If you have an idea or project big or small contact: [parbaycreative@gmail.com/](mailto:parbaycreative@gmail.com)
parbayct@gmail.com

Upcoming Events

Fun palace Saturday 5 October
Christmas Craft fair 17 November

New Ventures

We are pleased that Cornovii Crafts has grown into larger premises next door to the jewellers along the road. We wish them every success.

Made by the Sea is ready to move into the shop space by the reception area.



Made by the Sea was formed in 2016. We make beautiful baby and children's clothing on vintage sewing

machines. The machines all have names and we know when they were born. The girls get spa treatments monthly to ensure that they are always in good working order. Our sewing methods are traditional with fully lined bodices and hand stitched generous hems. Garments are generously sized and we can make bespoke styles to order. The fabrics are gorgeous, vibrant printed cottons and we use vintage buttons too.



In April this year, in order to expand the business, we moved into an upstairs workroom in Cornubia.

A lot of our vintage ladies now reside in the workroom and still make all our clothing on a daily basis. We also offer a clothing repair and alteration service as we are big believers in keeping textiles from landfill. The workshop is open daily and we love visitors, come and see Beryl, Ethel and Mabel at work, they won't mind! We also make eco-friendly products such as beeswax food wraps, washable make up remover wipes and storage containers made from upcycled tee shirt fabric. We're constantly inspired by new ideas and work on new stuff when we get the chance.



Business has grown since our big move and now we are about to start a new venture in which is very exciting for us. The little shop in Cornubia became available for rental and we decided to take it on as a new project. It's the perfect outlet for the children's clothing and we will also be selling beautiful Cornish made crafts. The shop stock will be constantly changing and we hope to make it into a pretty landmark for Par. There will be craft workshops offered later on in the year, stained glass, textile upcycling and many more. Our hours of opening are as follows
Mon-Fri 10am – 4pm
Saturday 10am – 2pm
Other times are available by appointment
07900 657264

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