

WELCOME!

Welcome to Par Bay Big Local's Winter Newsletter - keeping you up to date with projects and activities funded by Par Bay Big Local.

Focus for 2018: Health

Walking for Health



Do you enjoy walking?

If so, would you be interested in attending a free Walking for Health training course to become a recognised Walk Leader?

We're looking to establish regular health walks in the PAR, ST BLAZEY and TYWARDREATH areas which would be suitable for all abilities to join and need volunteers to help develop these.

Do you have walk routes you use already? Have you already led walks in the area?

To register your interest, or to find out more, please contact Karen Dawkins :
BigLocal@EdenProject.com
/ (01726) 818881) or Sonia



Clyne : sonclyne@gmail.com (01726) 813720 / 07980 838578

Healthy eating is another aspect we aim to tackle once we have a cooking area in Cornubia suitable for workshops. Please get in touch if you are interested in running a workshop or helping with this.

Jobs and Income

Job Club Monday 10-12

From February the weekly Job Club will be based in Cornubia with additional support from Cornwall College.



Reed in Partnership have offered three extra experienced workers to assist with CV writing, jobseeking, computer use and Universal Credit applications.

Universal Credit will commence locally on February 14th. Come along if you need help with your application. All applications have to be made online so if you don't have a computer or you need access to the internet we will be there to help. We also need volunteers to help people with Universal Credit applications from February 2018. If you can spare some time to do this, contact Sonia.



There will also be financial advice available from Horizon. Kerry Woodcock has been volunteering alongside the Food Bank in Par St Mary's and will join us in Cornubia once we are open.

<https://www.facebook.com/HorizonFC/>

Par Track Ltd



Great to see Gill Butler, Director of Par Track Ltd receiving an award of £40,000 toward the skatepark from Sonia Clyne, Chair of Par Bay Big Local

We have waited several years to make this award. Nothing could be done until the land was transferred to Tywardreath and Par Parish Council. Well done all those involved. This is an exciting venture for our community and we look forward to seeing the project grow.



Young Advisors: Laura Pellow, Portia Coulthard

Megan has agreed to do a flyer/ questionnaire for Tywardreath and Par Parish Neighbourhood Plan. Young Advisors will be concentrating mainly on their photography project looking at the area with Plymouth Young Advisor group. The group enjoyed a really positive meeting with PCSO Jamie Ward and WPCSO Rebecca Harris who will be supporting them with a photography project. Their job roles have changed but they were able to give Young Advisors plenty of ideas and local contacts.



The young advisors have also been assisting Laura to sort out resources at Fourways. Megan and Chloe have been doing research which included a visit to Treverbyn Community Hall to get ideas for the drop in and Cornubia. The group was very impressed.

It will be great to have some young people on board to bring a fresh look to our project.

Fourways: Carol Fitzpatrick

We have continued our support for Fourways Youth Centre. Youth work is no longer supported by government. Amongst others an application to Reaching Communities will be submitted by Kernow Youth, who are based at Fourways, with the aim of providing funding for the experienced team who provide excellent support for vulnerable young people.

Kernow Youth

Kernow Youth is proposing to hold Wednesday drop in youth sessions from March 2018. Look out for more information later.

Growing project

Community Garden: Sonia Clyne

We have enjoyed beans, courgettes, turnips and squash until recently. These have finished now but broad beans have been planted ready for the spring.



Steve and Paul with donations of daffodil and tulip bulbs

In support of Jordan Rowse's PL24 in Bloom plan for next year we have provided donations of daffodil and tulip bulbs. The plan is to plant bulbs over the whole area to kick start the year with lots of colour. Get in touch with Jordan with suggestions and offers of help.

Next year we plan to cook some of the vegetables grown in the community garden across the road in Cornubia. I have had several tasty stir-fries this year. If you would like to help with this project, get in touch.

All help is welcome. Come and join us.

Community Hub



Simon tackling the mammoth task of rewiring the building

Our phased opening will start in February with the foyer area and the two side rooms which lead off it, then the ground floor main hall and finally the first floor hall and meeting rooms. There will be various spaces available for groups and private bookings to use including a small meeting/computer room, a conference room and the two main halls. There will also be three studio spaces in the building for renting to social enterprises or creative businesses. When open, Cornubia will provide a venue for creative workshops, training courses, private functions and celebrations, exhibitions, and many other exciting activities. If you are interested in booking a room, or a hall space, please contact Sally

Tregaskes on 01726 812710. We anticipate being fully open by July 2018.

Many people will be pleased to hear that we have decided to retain the name Cornubia in response to the feedback we received during consultations we held earlier this year. This was a popular name for many local residents for both historical and sentimental reasons. We know of several residents who met their husbands, or wives at dances held in the hall many years ago.

We are now looking for volunteers in January 2018 to help us decorate the rooms in Cornubia in preparation for the opening dates. If you have any skill in painting and decorating, are happy to wash down and clean surfaces, or can give moral support with tea and cakes, then we would love to hear from you. Please contact Sonia on
Email: parbayct@gmail.com
Or telephone Sonia on 01726 813720
Or drop a note through the letter box



Steve and Jude cracking on with building work