

WELCOME!

Welcome to Par Bay Big Local's Spring Newsletter - keeping you up to date with projects and activities supported and funded by Par Bay Big Local.

Focus for 2018: Health

Walking for Health

A weekly walking group has been set up starting from Cornubia. To register your interest, or to find out more, please contact :



Karen Dawkins : biglocal@edenproject.com
(01726) 818881) or
Sonia Clyne : sonclyne@gmail.com
(01726) 813720 / 07980 838578

Jobs and Income

Job Club Monday 10-12

The weekly Job Club is now operating from Cornubia with additional support from St Austell College, Ocean Housing, Devon and Cornwall Housing and DWP.

Reed in Partnership have offered three extra experienced workers to assist with CV writing, jobseeking, computer use and Universal Credit applications. Universal Credit will now commence locally in May. All applications will be made online

so come along on Mondays if you need help with using a computer so you can be prepared when the time comes.



There will also be financial advice available from Horizon. Kerry Woodcock has been volunteering alongside the Food Bank in Par St Mary's.
<https://www.facebook.com/HorizonFC/>



An exciting new initiative to promote work opportunities and initiatives. We will be collaborating with UnLtd to promote social entrepreneurs in the Par Bay Big Local area. If you are passionate about improving your community and gaining skills for yourself and you live, work, volunteer or have a business in Par, St Blazey or Tywardreath, if you know your local area, the challenges it faces and the opportunities or you have a great idea that will make some money and create social benefit for the area, then contact your Awards Manager paulsquires@unltd.org.uk or by phone on 07808639804 to see what awards are on offer.

Kernow Youth

Young parents organised a swim trip at Par Sands swimming pool for themselves and their children recently as part of their healthy living programme.

Kernow Kidz practised weekly for their music performance with Jo Tagney ready for the St. Blazey Feast Day.

The Respect group have been building erupting volcanoes this week.

Young People from Kernow Youth joined in with CORNWALL'S LOVE YOUR BEACH DAY (beach clean and beach art project) ON 14TH of February at Par Beach.



Chloe has been on Mental Health / self-harming in young people training with the Young Advisor lead, Laura, and is about to go on first aid training to update knowledge with current information of organisations that can assist young people, (upskilling) ready to open the Wednesday afternoon advice and guidance drop-in at Cornubia due to start in April.

Megan has attended Tywardreath and Par Neighbourhood plan meetings to discuss how she can assist them in the consultation process with the 16-25 age group.

Sonny is starting to work on the SOAPBOX project supporting young people with individual needs.

Brett is continuing to photograph and film for video which will be shown at the grand opening at Cornubia Hall. He will be filming the Soap Box project this week taking part in the Alcohol awareness workshop which is followed by glass painting. (Report from Laura Pellow)

Community Garden

Planting for this year's vegetable plots has started already with broad beans overwintering in one of the raised beds. We will be growing runner and French beans again like last year. An experiment to compare various outdoor tomato varieties to see which grows best is on our list and plenty of herbs and salad vegetables. If you would like to help or hold an event in the garden contact Sonia on 07980838578.



Look out for the daffodils this Spring. They have been planted all over the area as part of Jordan Rowse's initiative PL24 in Bloom. Well done Jordan!

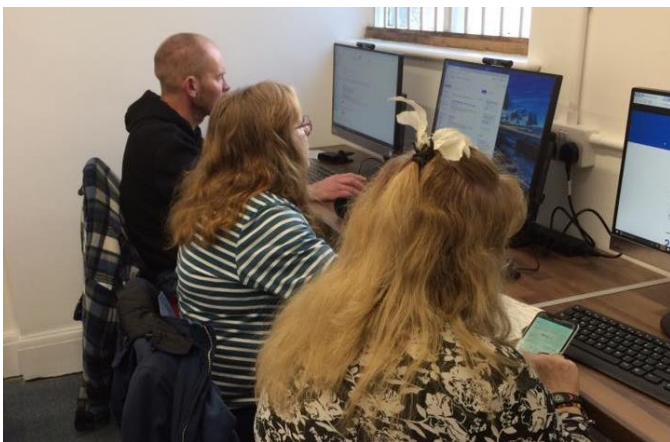
Community Hub

Community Creativity Enterprise

We are delighted to announce the appointment of our Development Manager Carolyn Boyce, a local resident, who brings over 30 years of experience in the regeneration of national and local communities, external funding, community engagement, development of NEET (not in education or training) young people, young leadership, self-employment and enterprise development, creative enterprise and community inclusion. Carolyn is excited to support her local charity and to work with county-wide partners to drive sustainability and the up-skilling of local people to grow local economic development in the area

“Lovely day meeting the Par Bay Community Trust team at their new Cornubia building today - I look forward to supporting the charity going forward as it is our Cornish local community with an inspirational and enterprising vision”

Job Club



A great first day in the Job Club’s new home in Cornubia. We were joined by Reed in Partnership

and Carolyn our new Development Manager. A big thank you to Ocean Housing, Devon and Cornwall Housing and DWP who helped bring it about.

Volunteers have been busy helping with painting and cleaning in preparation for the opening in February.



Thank you to all those who have come along to help. Just think-in years to come you will be able to say “I painted that bit!”



Well-deserved fish and chips from Ian’s chippy.

Purl A Row



Lucy Crosby has opened her yarn shop and will be holding knitting workshops. "Purl A Row" is an exciting new little yarn shop offering a variety of knitting classes, yarn & notions for both the knitter and crocheter. Custom knitting orders taken. One to one lessons available too. The shop will also allow you to come and sit down drink tea/coffee/hot chocolate and chat to friends whilst knitting whenever there isn't a class.

<https://www.facebook.com/groups/879475875473102/>

Textiles with a Difference



John Lakey: a social entrepreneur (one of UnLtd's Star People) will be helping to create sustainable

communities by recycling, re-using and re-purposing used textiles.

Tex with Benefits helps to create sustainable communities by recycling, reusing and re-purposing used textiles. We create jobs for local people by making Eco Products from recycled textiles, teaching new skills - and we use some of the profits to support our local communities, bringing communities together with no barriers to inclusion.

We collect all the used textiles and clothing from your home, office or place of business, diverting them from landfill. If we can't create new Eco Products from the textiles we sort them and pass them on to local charities that provide no cost clothing to those in need.

<https://texwithbenefits.com/>



**DO YOU HAVE A GREAT IDEA THAT WILL BENEFIT
YOUR COMMUNITY?
GET IN TOUCH**