

WELCOME!

Welcome to Par Bay Big Local's Autumn Newsletter - keeping you up to date with projects funded or supported by Par Bay Big Local.



Par Bay Big Local's Partnership Group are all volunteers, giving numerous hours of their time to help support a range of projects and initiatives in the Big Local area (Par, St Blazey and Tywardreath)

Since the national Big Local programme started in earnest in 2012, Par Bay Big Local (PBBL) have had consecutive Plans and activities approved and endorsed by their funders, Local Trust, allowing staged draw down of their allocated funding. They have invested over £600,000 to date, across more than 65 different projects and activities – including legacy premises - and continue to support local initiatives that are in line with the aims and ambitions contained in their approved Vision & Plans. They are supported by an experienced Regional Local Trust representative and, over the years, have hosted

visits from Local Trust Chief Executives, auditor, assessors and researchers.

Par Bay Community Trust was formed as PBBL's charitable arm so that Cornubia could be purchased for the long-term benefit of residents across the Par Bay area. Trustees work closely with PBBL to ensure a legacy for the future, supporting the main areas of focus identified during consultations and their own charitable aims which echo the Big Local ethos which is all about community and resident-led decision-making to bring about lasting and sustainable improvements, maximising impact and making the best use of resources and opportunities.

Projects supported recently include St Andrew's Wetland Reserve, plans for STEM (Science, Technology, Engineering and Mathematics) training around the St Blazey Turntable Project, Skatepark, Par Carnival, free textile-based summer workshops run by Tex, Teenage drop-in advice sessions at Cornubia run by Kernow Youth and a Par Bay Community Diary. We have also been approached by Eden with a view to establishing wildflower areas in the Par Bay area. We are now a strategic partner with Reed in Partnership and can refer any local residents to Workroutes to receive a wide range of support for jobseekers at the weekly Job Club, which takes place on Mondays 9.30 – 4 pm at Cornubia. We are pleased to announce that a PBBL funded defibrillator is scheduled to be fitted in early September. It will be sited on the wall between Boots and Cornubia.

Health

The Par Bay Big Local Walking group has now been meeting for their weekly health walks since mid April and has seen numbers steadily increase over the months.

We continue to meet at 10.15 – now in Glendcliffe Community Garden (on Eastcliffe Road, just along from the Spar shop and Cornubia) – ready for a 10.30 start, either towards Par Beach or St

Andrews Wetland Reserve, enjoying some exercise and fresh air and the beautiful scenery and nature around us

Walks are suitable for all abilities and generally last for approx 45 - 60 minutes. New members are always welcome, but please note that we don't walk on Bank Holiday Mondays

For further information, please contact Karen (01726) 818881/ biglocal@edenproject.com or Sonia (813720)

Community Garden

Our pick-your-own vegetables have been enjoyed by many this summer with generous donations making a big difference.



The Rainbows and Brownies had great fun making scarecrows for Par Carnival. We still have plenty of straw if anyone needs some. All are welcome to come and help. We are normally at the Garden on Sunday mornings and during the week when we can.



Contact Sonia on 07980838578 with any queries

Young People

We have continued to support Fourways in their youth work



Young Advisors will be attending safeguarding training on the 3rd of September to strengthen their knowledge in their volunteering roles. Megan will be presenting the results of the Tywardreath Neighbourhood Plan young people's questionnaire.

Brett has been busy designing an advertising board for Kernow Youth for the Wednesday drop in /advice and guidance sessions due to run from September from 4.30-6.00pm in Cornubia. Young people up to the age of 25 will be able to seek advice and guidance of any issues that are affecting their lives, qualified youth workers will be able to assist young people address their problems or refer them to the appropriate agencies. C-cards available.

Jobs and Income



Par Bay Big Local Social Entrepreneurs Award programme

Par Bay Big Local and UnLtd have made their first award to a local social entrepreneur. Congratulations to Paul Bray who will use his award to support parent/carers of children and young people with special educational needs and learning disabilities. This ambitious venture will provide support to parents/carers through workshops, training and peer networks to reduce isolation, advocate on behalf of this under-represented group and, through a series of 'Growing & Changing', 'Independent Living and Self Advocacy' & 'Behaviour Support' workshops, provide an environment where parents/carers and the young people they care for can thrive.

UnLtd in partnership with Cultivate Cornwall CIC, and their Cornubia based venture Tex with Benefits will be running a series of "Soup" events in the autumn and into the new year. "Soup" events are an opportunity for residents and local groups to get together over a bowl of soup, listen to pitches from local social entrepreneurs and activists (their ideas for social ventures/businesses) and award small amounts of cash (with loads of useful ongoing support) to some of the people pitching. Soup events started in Detroit a few years ago when residents in small neighbourhoods came together, ate food together and listened to a few residents pitch their business ideas - at the end of the evening participants choose some of those people pitching their ideas to share in money raised on the door, so helping with start-up costs and introductions to customers, business support and further investment.

Further details will be available by the end of August and we are looking forward to inviting you to eat soup, listen and, if you want to, pitch your great idea.

For more information, a chat or just to register your interest please contact paulsquires@unltd.org.uk and for more information about UnLtd, go to www.unltd.org.uk



Cornubia, our cornerstone project, is moving forward in leaps and bounds. Bookings have increased rapidly and we are working on getting the first floor hall ready for bookings over the winter.

Looking for a job? Come to Workroutes with Reed on Mondays. Or, if something more creative is your scene, then perhaps some jewellery making might suit or try the Par Knitwits on Tuesday mornings to knit, crochet and more.

Want to keep fit? Come and try the yoga on Thursday evenings or get fighting fit with Kettlebells and boxercise. Something gentler is the weekly walk for health on Monday mornings, starting from the Community Garden.



The monthly film club is gathering momentum. The September showing will be on Wednesday September 19th at 7pm.

Tea, coffee and biscuits provided, but you are welcome to bring your own drinks and snacks.

Just £6 to join, with your first session free, then £4 per session.

From September, Cornovii Crafts will be selling works by local craftspeople in the shop in the reception area. If you would like to display your crafts or rent a shelf, email cornubiapar@gmail.com or drop in from September to speak to Vicki. It is a great opportunity to test the success of your creations without any big outlay.

Prosperity Paint Hub

We also welcome another new tenant, Prosperity Paint Hub, who is relocating from St Austell town centre and will deliver its affordable Paint Shop, UK online centre and its Skills for Young People programme to the area. This will enable unemployed people to access free online courses and will provide young people (15 – 24) with arts qualifications, English and Maths, alongside employability training and support. There will be opportunities for voluntary work and you are encouraged to bring along household paint donations.

Prosperity Paint Hub is also the Cornwall stockist for Vintage Rocks and Annabell Duke furniture paint and will provide monthly workshops for small groups in Par, starting at the end of September.

TeX Swish-Swap

Saturday September 29th 1-4 pm

Another upcoming attraction is the Tex Clothing Swish - Swap Event hosted by TeX-Textiles with a difference and Cultivate Cornwall. Bring along any clothes in good condition which you don't want and swap them for ones you do want.



Seasonal Craft Fair Saturday 17 November 11.30 – 4.30

Come along also to the Seasonal Craft Fair hosted by all three tenants, Prosperity Paint Hub, TeX and Cornovii Crafts; table bookings will be taken from September and it aims to be the start of further seasonal events.

Cornubia Fun Palace 6 October 10 am – 10 pm

Cornubia will run its first Fun Palace on Saturday 6 October. This is a national event, where community projects open up and share creative activities for free to the community. We are still at planning stage and so far have commitments from 25 creatives who wish to share their skills with you to learn and enjoy. We will keep you informed via our Facebook page Cornubia; it will be a fun weekend event and open to all ages. Come along - we look forward to seeing everyone in the community.