

WELCOME!

Welcome to Par Bay Big Local's Spring Newsletter - keeping you up to date with projects funded or supported by Par Bay Big Local.

Par Bay Big Local's theme this year will be "Recreation and Culture", one of the areas identified in consultations over the years as being a way to enrich our experience and improve wellbeing. We already benefit from many activities around the area as can be seen from the many projects run by local residents. You can see which community projects have already been awarded funding in our new online Par Bay Diary. If you have already received a grant, we will be getting in touch soon to see how your projects are progressing.



An online diary for community events is something some of us have been thinking about for years and we were very lucky that Katrinka Wilson has developed a similar one before and proposed a Par Bay diary. It is still a work in progress as you will see as we need your help. Any group can publish their event within St Blazey, Par and Tywardreath as well as information about their group or society. It is also designed to give information on local walks and places to visit as well Par Bay Big Local investment where you live. If you want help to add your information contact Katrinka on parbaydiary@gmail.com.

We look forward to your feedback and additions to the website. If you have made a video which shows how you have used your funding, send a link to

BigLocal@edenproject.com or to me at sonclyne@gmail.com

Holiday Hunger

Another important aspect of life in our community today is Food Poverty. We are joining forces with St Blaise Church which is taking a lead and tackling Holiday Hunger, offering lunches to local schoolchildren during the Easter holiday. We hope to develop other projects gradually with a foodbank being set up in St Blaise Church.

The local Co-ops have very kindly offered us surplus food which would normally be binned. It would be good to make use of it to feed those in need. If anyone would like to volunteer to help with this initiative please contact Liz Davies or Rev Jules of St Blaise Church or use the email addresses above.

Community Garden

It's been a quiet few months at the Community Garden. The vegetable beds have been weeded and compost from our compost bins added. They were then covered in their winter coat of mulch to prevent weeds from growing. The mulch we use is waste wood chippings kindly donated by a local tree surgeon. It breaks down into a lovely light compost and much needed organic matter to our quite sandy soil. There are still some plants growing. The winter sowings of broad beans, garlic and onions have produced shoots and we are looking forward to a good crop later in the spring.

The Gardening Club has continued to meet regularly on Sunday mornings, and we have been hard at work pruning and tidying the bee and butterfly beds so they are ready to burst into flower again in spring. We have also pruned the trees at the back of the garden to

allow more light into the shadier areas near the shelter.

Our plans this year include trying some less common vegetables alongside the favourites. Have you ever tried kohlrabi? What about salsify? If you have any suggestions for plants to grow, please let us know. Or better still come along and try it yourself. Everyone is welcome. Gardening is good for body and soul! We know from the many positive comments how much the garden is appreciated and the numbers of people who go in to meet friends, pick herbs and vegetables in season and enjoy a picnic at the bench, and we are grateful to all users for putting their litter in the bin and keeping the garden tidy. Thanks to everyone who has made a donation in the slot on the main shed, always much appreciated. All donations are used for seeds and equipment for the garden.



Children's Gardening Week May 25th-June 2nd
Par Carnival Committee would like to have a fundraising event in the Community Garden this year. Is there anyone who would like to run a children's gardening event? Last year the Brownies made scarecrows – great fun! I am still finding straw.

Email parcarnival1@gmail.com or ring Sonia on 07980 838578



Kernow Youth After School Drop-in:
The young people have made a mosaic which will take pride of place in the Community Garden. Look out for it as you go by. It is beautiful.



Jobs and Income



Par Bay Big Local Social Entrepreneurs Award programme

Over the winter months we have seen local award winners consolidate their social enterprises, and three local social entrepreneurs planning their new ventures and applying to UnLtd for investment. These awards are made to individuals who have identified a local, regional or national issue and have found a solution to the problem they have recognised. These social entrepreneurs want to start ventures that create social benefit and generate income from sales of products and/or services. The social entrepreneur award programme runs across Par Bay and is a collaboration between Par Bay Big Local and UnLtd. Any one over the age of 18 living, volunteering or working in the Par Bay Big Local areas who wants to start or is growing a venture that will create social benefit is eligible. In early December UnLtd and Par Bay Big Local held a review, run by a researcher from UnLtd. Social Entrepreneurs, and partnership members came together to discuss the 1st year of the local awards programme. We looked at how we can further address local needs and offer greater support to those wanting to start and/or grow their social enterprises. So in this coming year we will see more networking events, more technical support and more award winners.



Cornubia First Christmas Celebration

In December, Cornubia hosted a Christmas celebration in its first year, allowing community guests to network and social with each other whilst making plans for the coming year. We also had wonderful representation from the UK UnLtd team to explore and research our development activity in the first year. Almost 70 people attended to show their support to Cornubia and to also start new discussions about future activity.

First Craft Fair

In November we welcomed 650 local people to the Par Bazaar Craft Fair, providing opportunities for 35 local traders to share their talents and sell their products locally. We also hosted a popular Santa Grotto, a Christmas letter postal service and Christmas craft table. The event was developed and supported by Santa and his 7 Elves and will be back again mid - November 2019.

Signage and Defibrillator

The outside of the building has now been painted and new signage has been erected on the front and back of our building. You can now see us clearly from both directions, showcasing our new logo.



Our local resident Linda Brock checks the defibrillator weekly and reports any problems to ensure its always available for local use. Our thanks to the Par Carnival Committee who have agreed to cover running costs.

New Craft Sessions for 2019

We have new workshops scheduled for 2019 including Friday and Saturday Pottery Painting Classes and monthly workshops in Fused Glass and Furniture paintings.



Sun 10th March Cornovii Crafts Fused Glass Workshop
Sun 18th April Craft Fair



Contact cornubiapar@gmail.com to book a table

We have monthly activity sheets printed in reception, pop along and pick up the latest copy.

In terms of celebratory bookings, we have a few big events planned for this year.. watch this space...



Cinta Stage is a Drama School that is offering Acting, Musical Theatre, Dramatics and Trinity Exams to children and young people aged 3 to 18. We work with our older students to create theatrical material that is innovative, entertaining and original. While our younger attendees explore their imaginations using creative play, guided imagery and role-play. Everybody is welcome at Cinta Stage. We don't hold auditions meaning there is something for everyone; from the more introverted souls to the seasoned performer, we cater for all levels. Cinta Stage allows children and young people to lead with their own ideas while facilitating a creative and inspiring learning environment. We ensure that children and young people feel safe to explore their creativity and collaborate with others to build original stories. By giving them ownership of their own work promotes positive discipline, engagement and commitment to the craft.

Cinta Stage Spring Workshops: Mini Workshop for Ages 4 to 6 - April 8th and 9th from 10:00 to 13:30 (dramatics, story time, arts and crafts, singing, dancing and a small performance)

- Stage workshop for ages 7+ - April 10th, 11th and 12th from 10:00 to 15:00 (acting, musical theatre, devising, stage skills and a small performance.)

Term Three begins April 24th

For more information visit our website www.cintastage.com or email create@cintastage.co.uk