

### WELCOME!

Welcome to Par Bay's Winter Newsletter - Keeping you up to date with projects funded or supported by Par Bay Big Local and Par Bay Community Trust.

### CCC

The summer of 2021 has been a busy one for artists and creatives in PL24 as we were able to bring our delayed plans into fruition.

Make Space CiC held a very successful weekend of art and wellbeing workshops, with small socially distanced classes with professional artists. A variety of activities took place, including ceramics, batik painting, and calligraphy.

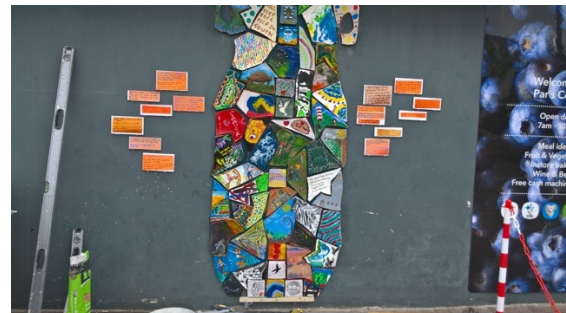
The Covid and beyond project obtained additional funding from Arts Council England and as a result was able to enter a second tranche, which included doodle drawing and ceramic workshops, the installation of the Pottery Patchwork Pitcher mosaic on the wall of Par Co-op, creative activities for young children and parents and an exciting development of the Poetry strand nationally. Creative Civic Change enabled Prodigal up to create the very successful Par Tee family festival which took place on Par Track in early September. A variety of performance and dance skills were on show and the Emergent Ensemble, a group of six young performing arts graduates, demonstrated their Parkour skills in "On the Strandline" which was about climate change in a moving finale piece.

Another unique project supported by Creative Civic Change was "And Everything and Nothing Has Changed". This was a project concerned with art and a sense of place. Various field trips and workshops took place through the summer and culminated in the construction of a unique kiln below Carclaze Sky tip. A firing ceremony in September, resulted in the making of a ceramic standing stone which will be displayed in St Blazey.

Creative Civic Change has also supported Studio 4 dance workshops, the Vet Fest event and the Time and Tide Bell project.

**Liz Davies project manager**

### Two Community Projects come to an end...



Par Bay's 'Patchwork Pottery Pitcher Project' and 'Celebrate Par Bay' ceramic disc-painting project. Both projects were part of 'Covid and Beyond', Each pottery piece has been hand-painted by different members or friends of the Par Bay community as a personal response to the Covid pandemic. 2 Patchwork Pottery Pitcher mosaics have been installed on the walls of the Par Green Co Op. and will remain as a permanent reminder of how we stuck together during the pandemic and as a tribute to those we lost.



The ceramic discs went on display at Par Market, 76 in total, and are being returned to the participants who painted them.

**Gill B, 'Under the Sun Ceramics' Moorland Rd, Par PL24 2PB**

### **MPower Kernow**

**MPower Kernow C.I.C is an exciting new social enterprise established to create a unique technical skills training centre for STEM (Science, Technology, Engineering, Maths), Construction and Environmental Industries. “Operation Trevithick” is the first phase of this project and we are now in the process of establishing facilities in St Blazey Railway Yard.**

The first phase of the project is centred around the restoration of the turntable in St Blazey Railway Yard. The lease of the turntable and associated buildings was signed with DB Cargo UK on 24<sup>th</sup> June.



#### **Mission Statement**

MPower Kernow will offer participants practical, equal opportunity learning and work experience that will enable them to learn the real life STEM and Construction Industry skills required to meet the international demand for highly skilled personnel and Cornwall's own Climate Emergency goals.

To ensure the long term viability and success of the project MPower Kernow has committed to:

- Providing Cornwall with tangible economic benefits;
- Providing for the real educational and training needs of Cornwall;
- Building the skills needed for Cornwall to meet its Climate Emergency goals;

- Inspiring young people to consider technical STEM and construction careers;
- Operating a financially self - sustaining enterprise.

#### **Community Benefits**

Operation Trevithick is aimed particularly at those from disadvantaged backgrounds, including NEETs (Not in Employment, Education or Training), the unemployed, those with SEND (Special Educational Needs & Disabilities) and young people disenfranchised from mainstream academic education. It will allow MPower Kernow to develop:

- Practical training and education services for industry, colleges, training providers and schools.
- Specialist engineering services for restoration and repair of heritage engineering equipment.
- Contemporary construction trade skills training through on-site building projects.
- STEM clubs, work placements, volunteering and mentoring opportunities.
- CSCS Cards (Construction Skills Certification Scheme) and basic First Aid training.

St Blazey and several other communities in Cornwall are amongst the UK's most deprived areas. MPower Kernow's objective is to help alleviate local poverty and support social and economic regeneration by providing practical training opportunities to a broad cross section of the community.

By working with local and regional employers to help provide a “work-ready” labour force with the transferable STEM and construction skills that companies demand, the whole community can benefit from more high productivity employment, both within Cornwall and beyond; such skills are essential in supporting the UK's economic future.

### MPower Team

MPower Kernow has been established by Duncan Mitchell and Mervyn Allcock MBE, supported by a highly experienced team of directors, management and specialist advisers. Duncan is a Merchant Navy Chief Engineer Officer with 25 years of marine engineering and project engineering experience. Mervyn brings over 30 years of railway and project management experience from the highly regarded regeneration of Barrow Hill Roundhouse near Chesterfield.



Left to right, Mervyn Allcock MBE - MPower Director, John Boulton - MPower Training Manager, Duncan Mitchell - MPower Director and Project Leader, Andy Allcock - MPower Volunteer, Tim Hughes - MPower Director.

### Why Operation Trevithick?

2021 marks the 250<sup>th</sup> anniversary of the birth of Richard Trevithick, a practical Cornish mining engineer who developed the high pressure steam engine at the start of the 19th Century. Cornwall once led the world in cutting edge technological development. However, these engineering achievements are today overshadowed by the Duchy's role as one of the UK's primary tourist destinations and have become something of a forgotten gem in Britain's industrial heritage crown.

MPower Kernow's aim is to inspire the community with a sense of pride in Cornwall's engineering past whilst equipping future generations of Cornish men and women with

the technical skills required by modern industry.

### Economic Benefits

The restoration of the turntable and the creation of a servicing facility for steam locomotives running on the main line will provide opportunities for learning a range of practical STEM and construction industry skills. In addition, it will provide important economic benefits to the whole of Cornwall by providing the facilities required to operate steam trains on the main line rail network throughout the South West and beyond.

### How to Get Involved

Please contact by email to; [enquiries@mpowerkernow.org](mailto:enquiries@mpowerkernow.org).

Or send a letter of interest to:

MPower Kernow C.I.C., 30, North Street,  
Tywardreath, Par, Cornwall. PL24 2PN

We are looking for support and volunteers in a number of areas including;

- Skilled Engineers and Craftsmen/women with STEM / Engineering / Construction skills. Such volunteers will help with repairs and renovations on the site and potentially act as mentors for Trainees.
- Those OVER 18 YEARS OF AGE interested in learning STEM / Engineering / Construction Skills (Please Note that we are currently unable to accept volunteers under the age of 18 due to insurance restrictions)
- Grant Applications and Fundraising volunteers;
- Donations of engineering and construction industry equipment, tools, materials, etc;
- Sponsorship in kind from companies involved in Engineering and Construction Industries
- Financial support; grants and donations.





**\*Late night shopping 9<sup>th</sup> & 16<sup>th</sup> December**  
**\*Cornubia Christmas Fair Sunday 5<sup>th</sup> Dec**

### **Kernow Youth Autumn update**

What a busy start to the Autumn term at Kernow Youth. The food project and Welfare Support Box project is going from strength to strength, and we are now in the position where Lisa can issue Food Bank Vouchers as well as providing the Food Bank parcels. We regularly have food donated from the Food Bank and currently provide support for the local community as well as feeding over 75 young people a week.

Junkyard is a group for young men aged 11-14 and is aimed at building and developing confidence as well as tackling issues including the rise in male mental health issues.

Girls Can is our young women's group where we work on mental health issues as well as developing ideas to develop relationships within the wider community.

Soapbox is our group for young people with individual needs where the aim of the project is to promote independence and develop relationships that these young people would otherwise struggle to do.

We also have a group of Young Advisors who are now developing ideas for community events and activities in the new year. The group is made up of 8 young people from a range of the groups we run as well as some volunteers.

Space is our young parent's group that are now beginning to design their own session aimed at developing the next step for them when their children start school.

We have also been working with Cornish Acorn running a transition group for young women moving to secondary school. This group meets weekly at the nature reserve and is aimed at developing confidence and challenging themselves.

We also work one to one with young people online and in person when needed. This term we have worked with and supported over 100 young people and we have many activities planned for the winter term including Santa trips, young women's trip to an escape room, soapbox trip to Plymouth Christmas shopping on the train and many more.

### **Community Garden**



**Apple Day**

We enjoyed a lovely Apple Day in October. We had a lot of fruit and a small, dedicated group of volunteers set about cutting it into pieces which went through the scatter before being put into the press. It was a great moment when the first stream of juice came out of the spout. The apple juice had a rich tangy flavour, while the pear juice was sweet as nectar. Thanks to Treverbyn Community Hall for the loan of their apple press, all of you who brought apples as well as Judith and Harvey, Tesco and the Co-op. Look out for the stall at Cornubia Christmas Fair. There will be potted bulbs and some free packets of Biffa Wildflower seeds