

WELCOME!

Welcome to Par Bay's Autumn Newsletter - Keeping you up to date with projects funded or supported by Par Bay Big Local and Par Bay Community Trust.

Kernow Youth

Kernow Youth is a community interest company set up in 2015 to deliver youth work in the local community of St. Blazey, Par, Tywardreath and the St. Blazey Gate area. Working with over 100 young people aged 8 - 25 years weekly. The project delivers open access groups, young parent work, individual needs group, gender specific work, transition group, outreach work and holiday activities as well as providing food and wellbeing packs in local community.



On Saturday 18th June 2022 Kernow Youth CIC welcomed a special visitor. Justin Welby, Archbishop of Canterbury, accompanied by Bishop Philip of Truro and several other members of his team from Lambeth Palace joined our Soapbox individual needs group for an afternoon session of fun activities.

Activities included nerf wars, pool, mocktail making and positive affirmation dove art to decorate the peace tree in our peace camp.

The Archbishop and his colleagues spoke with young people and staff, joined in activities, ate cake and pizza, drank mocktails and took great interest in our video highlighting all work undertaken with the young people of the area. Special thanks to them for showing such an interest in our work and to the young

people – who beat them at pool!...our volunteers, member of our management committee and the staff team...we're still buzzing. It was a great experience for all concerned.

Feedback from Archbishop Justin: 'the young people and team were absolutely extraordinary and we had an incredible time'

The team has also been running outreach activities in St Blazey, Tywardreath, Par, and Par Beach over the last couple of months.

"With a BBQ each and cooked burgers & hotdogs for young people and parents and we provided drinks and snacks and sweet prizes to reward young people who helped collect litter or won team games.



Young people enjoyed engaging in activities such as a basketball match, football tournament, bat and ball games, glitter tattoo's, hair braids, making seed bomb and bird feeders, mosaics and gardening and seed planting.



We had some really positive outcomes, we signposted over 50 new young people to our weekly Youth projects. All young people and families were polite and friendly and took part on all activities provided."



MPower Kernow

*Engineering and Construction Skills
- Lessons that Last a Lifetime*

25 year lease signed, Listed Building Consent received, onsite progress continues. The most important development has been the signing of the 25 year lease with DB Cargo. This provides MPower with long-term security and the ability to apply for significant grants from public bodies and government funds for training. It also allows us to plan for the long term development of the St Blazey site. We have also received "Listed Building Consent" from the Local Authority, which is the permission required to start the major work on the turntable. These two developments mean that we can now finalise plans for the turntable work and hopefully agree additional funding for it in the very near future.



Preparations for lifting the turntable are ongoing and the first new replacement components – some very large bolts - have been made. These bolts, almost 3 feet long and 1 1/2 inches in diameter will be required to prepare the turntable for final stripping. They were manufactured by local engineering company, Henwood Engineering, and used as a training opportunity for two of our young volunteers who learned about cutting and machining the steel using a CNC (Computer Numeric Control) lathe. We have also been very busy working on the technical drawings for the turntable, most of which have been printed. The team have identified a few

missing drawings which are required which can now be ordered from the Cowans Sheldon Archive in Carlisle.



The first "Work You Way" pilot programme with CRCC (Cornwall Rural Communities Charity) has now concluded very successfully. We have had excellent feedback from the participants themselves, parents/guardians and CRCC management and support staff. We are working towards building on this success in the new academic year. We anticipate that a new cohort of special educational needs learners will start in September, and hope that the first two young supported interns from the pilot project will return to progress their training as part of Adult Education Services. We are actively exploring opportunities to collaborate with existing training providers to offer a formal training programme.

Last Year, two of our younger volunteers were enrolled on an Engineering Level 2 course with Cornwall College as a direct result of their volunteer activities with MPower. They completed their work experience with us on site as part of their studies. It is therefore satisfying to report that they have both

successfully completed their courses with excellent grades. We hope to involve more young volunteers in the new academic year and progress similar educational opportunities.



Mpower was able to arrange two visits to engineering companies for the benefit of learners and volunteers. The first was to the Cornish Bed Company foundry in Par, the last traditional bed manufacturers in the UK. We were able to witness many metal working techniques being used including metal casting. Many thanks to Barry Riddle and his team for making us so welcome.



The second visit was to Henwood Engineering in Summercourt who specialise in Traction Engine Restoration. The volunteers were able to see traction engine repairs in process and the various machinery and equipment required for these processes, including the machine shop and boiler shop. Many thanks to Sam Henwood for this rare opportunity.

Meanwhile, our small band of volunteers is making excellent progress with enhancing the site and facilities. Recent work includes;

- Starting the creation of two dedicated workshops; one for engineering, the other for woodworking.
- Welfare facilities improvement; painting, decorating, re-pointing old brickwork, manufacture of locker room equipment.
- Track clearance; the enormous pile of trees and bushes from the last few months has been fed through a chipper and remaining brambles and buddleia sprayed to prevent re-growth.
- Repairs to donated equipment that will be used on site.

The Mpower team will be keen to involve new volunteers in September when there will be on site presence on most week days. Contact and expressions of interest can be made by writing to; duncan@mpowerkernow.org or; Duncan Mitchell, 30, North Street, Tywardreath, Par, Cornwall, PL242PN

Please ensure that any expressions of interest provide contact details including telephone number and/or email address. (Please note; we have had a couple of letters of interest but which did not include vital contact information). Unfortunately, at present we are only able to involve volunteers over the age of 18.

The Mpower team is looking forward to exciting developments over the coming months as the project moves forward towards an exciting future.

Cornubia Fair
4th September 11-3

Under the Sun Ceramics

Come and see what your friends, neighbours and visitors have created

29th and 30th October

10am till 4pm

Fantastic

2 day

First Ever!

Community

Pottery

Exhibition & Pottery Sale Table

FREE ENTRY

The pottery has all been produced by the community in the Under the Sun Studio in Par

'Cornubia' Lower Hall, Moorland Rd, Par PL24 2PB

'Under the Sun' Studio

Come along and have a welcome drink on us

This exhibition is the FIRST EVER exhibition of this type in our area. It will run for 2 days.

On display will be a vast selection of pottery made and painted in Under the Sun Studio by members of our community ... our neighbours, friends and our visitors.

There will be a special sensory section of items made and decorated by blind and visually impaired people.

Our Pot and Chatter Monday and Wednesday groups have had a lot of fun and done so many projects. The projects for these groups are set by me, and I don't make it easy for them !! Examples of these will be on display.

There are many people who come along to the studio regularly and some who drop in from time to time

So come along, meet us, have a Prosecco on us, served in vintage cups and enjoy the exhibition.

Jubilee Corner

Adjacent to the community garden is a plot of land which until recently housed three old fire engines. The landowner, Keith Netherton, agreed to the removal of his fire engines, and for lease of the land on a similar basis to the Community Garden -an "Apple Pie rent" The first job was to clear all the brambles and trees to leave the land clear.



Next came the rebuilding and repair of the front wall to provide a safe, neat boundary. The next stage has already begun, to level the land as far as possible. The concrete floors and paths from the old house are being uncovered. Work is now focusing on levelling out high points and low points to give as level a space as possible. The plan is for regular strimming to keep down weeds and grass to create space for car boot sales, pop-up markets and other community events and children's activities.

The name for the space has been discussed by the Garden Team, and our consensus is for it to be called Jubilee Corner. It is at a corner of the 'Par Triangle' and it dates from the year of the Jubilee.

An award from The National Gardens Award scheme for community gardens will go towards planting espaliered fruit trees along a fence between us and the neighbours. Two wildflower lawns will provide nectar for bees and a Cotoneaster Cornubia with flowers in the summer and berries for the birds in winter.

