

WELCOME!

Welcome to Par Bay's Summer Newsletter keeping you up to date with projects funded or supported by Par Bay Big Local and Par Bay Community Trust.



MPower Kernow

Engineering and Construction Skills - Lessons that Last a Lifetime



World Famous Visitor: On 30th April, the Flying Scotsman was the first locomotive to visit Cornwall and use the St Blazey turntable after its return to operation

The visit by Flying Scotsman has brought together a diverse group of stakeholders, large and small, to support us in preparing the site and the turntable and to launch the MPower project in style!

Turntable, Trackwork and a Special Guest!

Of course, the most exciting news is that Flying Scotsman was able to use the turntable on the 30th April when it visited Cornwall on the Royal Duchy Railtour. This was as part of the "Scotsman's" 100th anniversary national tour and we were very honoured to be asked to assist in making the visit of the record-breaking locomotive a reality. It is particularly fitting that the world's most famous locomotive visited Cornwall, as it is the direct descendent of Cornishman, Richard Trevithick's very first high-pressure steam locomotive that was "Going up Camborne Hill, Coming Down" in 1801.

When Kelly Osborne of the Railway Touring Company asked us last October if the Turntable would be ready by April for the Flying

Scotsman, and MPower responded in the affirmative, little did we realise the mountain we had to climb to make it a reality! However, there is nothing like a deadline to ensure a project is completed in time and we are indebted to Kelly for arranging such an illustrious guest for our opening event!

Between the 16th February (when the all the external funding was formally agreed), and 30th April (when the Flying Scotsman arrived), the main Turntable repairs were completed on budget by our contractors in the remarkable time frame of 10 weeks. The turntable "bridge" section was lifted using large jacks, allowing the main carriage components to be removed by crane and dispatched for grit blasting to local contractors. Once this was complete, the fabrication and riveting teams wasted no time in stripping and rebuilding the carriages with large amounts of new steel and approximately 300 new rivets. Further steel and riveting work was required on the main bridge section.



Alex and Dylan hard at work preparing the turntable for reassembly.

The success of the actual Flying Scotsman visit on 30th April was worth all the hard work. The local community and invited special guests turned out in force to witness the spectacle of a gleaming Flying Scotsman traversing the newly repaired track and easing onto the turntable for the first time. The "turning team", made up of volunteers from MPower and the various contractors involved in the project, were then able to turn the locomotive with a minimum of fuss, with the turntable performing faultlessly. The atmosphere on the day was superb. A proud day for the whole community.

Cornubia

Cornubia 'Warm Hub' has been running 3 days a week since November. Now we will be continuing as "The Hub @ Cornubia".



<https://www.facebook.com/groups/cornubiawarmhub>

We provide an affordable, freshly cooked hot meal, companionship, activities and support. All are welcome to drop in for a cuppa or lunch. A recent visitor treated us to an Indonesian meal of vegetarian frittatas, with a delicious curry and rice. Some bring along their knitting or crochet. Some pick up a book from our mini library, or catch up with emails. We do crosswords, word searches, crafts-anything enjoyable. Wednesdays are Quiz days, very entertaining.



The Hub Skiffers

On Fridays we now have our own skiffle group which started with a couple of players and has now grown to between 5 and 10 musicians. A wooden percussion set allows everyone to join in. It is a time when some get up and dance to Buddy Holly or "My Old Man's a Dustman"

Jay and Jayne from CRCC have been bringing us up to speed with core online skills using phone, laptop or tablet.

We have had visits from Cornwall College trainee hairdressers. Their tutor suggested a Vintage Day: creating hairstyles using rollers

and pins etc is an element of the hairdressing course.



By providing willing, live models we were helping them to get their grades. Along with the 40s or 50's style hairstyles we had plenty of oldies music. It took us all back to our youth.

The whole group have recently joined together to prepare for our Big Coronation Lunch which was a great success with a wonderful array of delicious food and exquisite table centrepieces. Thank you all for your donations. We were entertained by activity groups from the Hub, Losty Ukes and the Hub Skiffers.



The Big Lunch

Our small-scale "Community Larder" is a "Swap and Share" trolley where you can pick up cans or dry foods and put in a small donation or bring something to put on the trolley as a swap. The local Co-op have provided a donation box in the Par shop so people can donate and the local church and various residents drop in with a few cans or packets. We have recently had donations of clothes now displayed on a rail by the trolley.

Community Garden

Spring has brought us the joy of seeing the plants that have hibernated over the cool dark days burst into life. The ceanothus in the corner by Eastcliffe Road has a beautiful display of blue blossom, and the choisya are a delight with their creamy white, delicately fragrant flowers.



Spring is an exciting time in the veg. plots too. The over-wintered garlic, shallots, onions and broad beans are doing well, and we've planted runner beans and climbing French beans that are thriving in the warm (and wet!) conditions. The spring onions, radishes and beetroot are already sprouting, as are the Jerusalem artichokes kindly donated by Jan Phillips. Watch out for the leeks, sweetcorn, courgettes and sweetcorn that are due for planting out in the next few weeks.

We have welcomed new members of the Garden team. Brian has been doing sterling work on constructing paths, clearing weeds and building a stone wall. Maud and Bob have done a great job of preparing beds for veg. plants and tidying the flower bed, and Sally has

been busy sowing seeds and growing plants for the Swap and Share.



Sally and Brian have also been involved in the work we've been doing at Go Beyond, the children's charity in Tywardreath. We built a bug hotel out of old pallets that children can fill with twigs, cardboard, pots, canes and pine cones and provide insects with a place to shelter. We've also put some plants in the veg. plots - potatoes, peas, onions, broad beans, carrots, and they are all doing well.

As ever, we are very grateful for the plants, tools and pots that have been donated, and we welcome any contributions to the Swap and Share. Thank you too for the generous money donations - they all help to keep the garden looking good.

If you would like to lend a hand to maintain the garden, come along and join us. We're there Sunday mornings 10am to 12am.

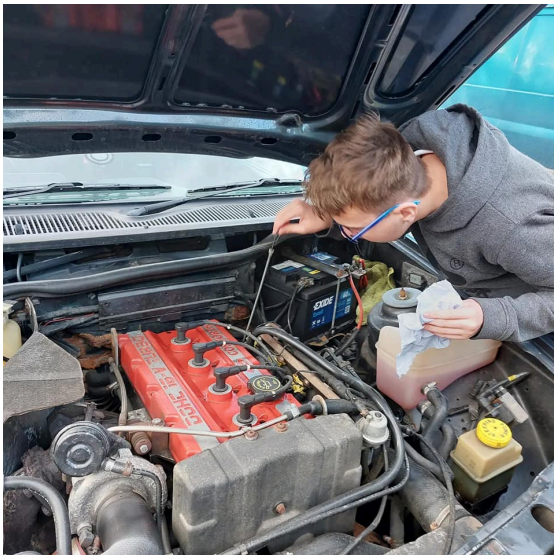
**Join us for a fab evening
Carclaze Voices and the
Hub Skiffers
Cornubia 9th June 7-9pm
Bring your own drink and nibbles
We will provide a pasty
£5 for advance tickets £6 on the door**

Kernow Youth



The PL24 Youth Group

Mental Health awareness week
PL24 youth group made lemonade, played
prize bingo and were finding ways to relax
with playdough and games in the sports hall.



A huge thank you to Mike from [Cornwall RSOC](#)
for volunteering time to bring in his Ford Sierra
Cosworth so the soapbox car enthusiasts could
do some car maintenance, needless to say they
absolutely loved it!

CORNWALL MADE

OPENING TIMES

Tues 11.30am - 3.00pm - ish

Wed - Fri 10am - 4pm

Sat 9am - 4pm

Thank you for supporting our small businesses

Welcome to Tina Nottle who has taken over
the community craft shop at the front of
Cornubia. Come and browse the wonderful
array of gifts available.



Par Bay Big Local
Celebration
Displays and old photos
Cornubia
2nd September
10am-4pm